



HEALTH SERVICES EMPLOYMENT OPPORTUNITY

Swan Lake First Nation
Box 368, Swan Lake, MB ROG 2S0



POSITION: Wellness Therapist

Term: Full-Time

Reports to: Health Director

Department: Health

SALARY: TBD

Close Date: Open until filled

Position Summary:

Swan Lake First Nation is seeking a full time “Wellness Therapist” for Swan Lake Health Centre. The Therapist is required to provide a range of Community Wellness, Clinical & Preventative Crisis Response services to the Swan Lake First Nation community members. The Wellness Therapist will be responsible for supporting community wellness programs and the Indian Springs School.

Duties and Responsibilities:

The duties and responsibilities of the “Wellness Therapist” will include, but are not limited to, the following:

- Responsible for respectfully engaging with community members.
- Utilize culturally relevant resources & material to support community best practices.
- Advises Health Director and Wellness Team with reports on challenges, gaps in service coordination, opportunities that support meeting the needs of patients and families.
- Establishes communication with community wellness team members, Nurse Practitioner, Jordan’s Principle, transmits the information to them and invites them to attend team meetings.
- Promotes the inclusion of all voices in health care decision-making.
- Provide support to the Indian Springs School (as required and or requested)
- Coordinate workshops (grief counselling, etc. for community members)

Crisis Response:

- Ability to provide; critical incident stress debriefing; individual client assessments like suicide assessments, safety plans, self-esteem, depression scale, and mental health status assessments; one-on-one counselling; mental health therapy; grief and loss support; post-suicide counselling & cultural aftercare; prevention training and capacity building with local community wellness teams (CISM).



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Counselling & Client Care

- Ensures that individual clients understand their rights and responsibilities.
- Discusses informed consent with the client.
- Maximizes client independence.
- Demonstrates sensitivity to the client's cultural needs and language.
- Interacts with the client actively to engage him or her as the primary source of information.
- Applies knowledge that reflects the general needs of the client population while capturing the individuality of the specific client's needs.
- Obtains client consent for participation in the Mental Wellness program
- Gathers required information about clients while respecting their confidentiality and privacy.
- Ability to assess and determine the needs of the clients and coordinate referrals for clients. Identifies and prioritizes each client's initial needs.
- Provides appropriate avenues about applicable options in the event of program ineligibility.
- Supports the client in their efforts to secure other appropriate or alternate resources, if the client so desires.
- Addresses and facilitates the resolution of discordant issues.
- Effectively monitors the client's needs and performance.
- Manages casework with competing demands and producing reports with recommendations.
- Refers clients to a registered clinical psychologist or psychiatrist, when appropriate and other community based programs such as NNADAP and Jordan's Principle.
- Effectively presents alternative therapeutic solutions.

Circle of Care:

- Work with the wellness team according to the case management process of the client bio-psychosocial/spiritual needs.
- Facilitates the flow of information among the members of the multidisciplinary team.
- Implementation of the case management process with each client, including eligibility, assessment, planning, implementation, evaluation, and transitioning.
- Provides clients with information or links to alternative community resources, workers with other programs.
- Collaborates with other stakeholders in a multi-disciplinary and multi-dimensional manner to avoid duplicating other assessments.
- Promotes opportunities for collaboration among patients, families and staff at the community level.

Referrals:

- Makes plans for the patient discharge with the community multidisciplinary team/ Circle of care teams
- Compiles the information about the objectives and resulting variances which prevented a particular case from receiving the appropriate clinical supports.



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QUALIFICATIONS:

Education, Training and Experience:

- Master of Social Work (MSW), in counseling, social work, psychology, or related human resources field.
- Critical Incident Stress Management (CISM) Certificate. First Aid Level 1 Emergency Certification and Applied Suicide Intervention Skills Training (ASIST) would be an asset.
- Minimum three (3) years' experience in a role that required counselling individuals, and supporting persons with physical and intellectual disabilities, addictions and mental disorders.
- Registered with the Manitoba Colleges of Social Workers and Social Services Workers or other relevant College/ regulating body and associated proof of liability insurance.

Knowledge, Skills, and Abilities:

- **Must be highly organized, punctual, and reliable.**
 - Conflict resolution and mediation skills.
 - Cultural Competence knowledge and understanding of First Nations histories, languages, cultures, ceremonies and traditions.
 - In-depth knowledge of population health and First Nations perspective on health and wellness system needs,
 - Knowledge of services and Communities
 - Knowledge of health care system along with the Indigenous Services Canada system and their respective roles
 - Familiarity with relevant aspects of the Mental Health Act, Personal Health Information Act and Child & Family Services Act.
 - Clinical knowledge and experience in the area of Co-Occurring Mental Health and Substance Use Disorders and the related implications for clinical practice with clients with this diagnosis.
 - Demonstrates understanding of different therapeutic approaches and counseling skills.
 - Knowledge of best practice standards and patient safety in the application of social work.
 - Proficient in use of Apple Products and Microsoft Office applications
 - Must have strong verbal skills with the ability to explain and effectively summarize complex issues.
 - Must have strong written communication skills with the ability to prepare individualized support plans for community members, and coordinate the implementation of client program plans.
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- Ability to establish priorities, work and solve problems independently, and proceed with objectives without supervision.
 - Attention to detail and strong interpersonal skills with good organizational, time management and the ability to prioritize community needs.
 - Experience developing and delivering education and training sessions.
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CONDITIONS OF EMPLOYMENT:

- Work is performed while standing, sitting and/or walking.
- Requires the ability to communicate effectively using speech, vision and hearing.
- Requires the ability to lift, carry, push or pull light weights, up to 30 pounds
- Requires the use of hands for simple grasping and fine manipulations.
- Requires bending, squatting, crawling, climbing, & reaching.
- Be able to work a flexible or irregular work schedule including afterhours and weekends, as needed.
- Requires valid Class 5F Driver's license.
- Requires access to a reliable vehicle meeting all safety requirements and must be able to travel extensively throughout the Region.
- Requires a Child Abuse Registry Check; Adult Abuse Registry Check; Criminal Record Check with Vulnerable Sector Screening
- **Must be willing to submit to random drug testing.**

Deadline for submission: Open until filled.

Please submit resume, cover letter and references with position applying for in subject box to:

Paula Cameron – Human Resources Manager – Swan Lake First Nation

Email: careers@slfn293.ca

Tel: (204) 836-2101 Fax: (204) 836-2255